

The Sixteenth Sunday after Pentecost
Proper 18

The Holy Eucharist - Rite II - Year B
September 8, 2024 11:00 a.m.



St. Michael's Episcopal Church
Norman, Oklahoma

*The Sanctuary Flowers are given by Howard Moore
in honor of Howard and Suzanne's 60th Wedding Anniversary.*

Welcome, Announcements and Blessings

The Priest, vestry and members of this church wish to extend a most hearty welcome to visitors who are worshiping with us today. It is a privilege to extend to you an invitation to make this your church home. Here you will find a family type parish and we hope you will stay after the service so that we may have the opportunity to meet you and extend the hand of Christian fellowship.

Prelude

Hymn in Procession

"I'll Praise My Maker While I've Breath"

Hymnal 429

1 I'll praise my Mak - er while I've breath; and when my voice is lost in
2 How hap - py they whose hopes re - ly on Is - rael's God, who made the
3 The Lord pours eye - sight on the blind; the Lord sup - ports the faint - ing
4 I'll praise him while he lends me breath; and when my voice is lost in

death, praise shall em - ploy my no - bler powers. My
sky and earth and seas with all their train; whose
mind and sends the la - boring con - science peace. He
death, praise shall em - ploy my no - bler powers. My

days of praise shall ne'er be past while life and thought and be - ing
truth for ev - er stands se - cure, who saves the op - pressed, and feeds the
helps the strang - er in dis - tress, the wid - owed and the fa - ther -
days of praise shall ne'er be past while life and thought and be - ing

last, or im - mor - tal - i - ty en - dures.
poor. And none shall find his prom - ise vain.
less, and grants the pris - oner sweet re - lease.
last, or im - mor - tal - i - ty en - dures.

The Word of God

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be his kingdom, now and for ever.**
Amen.

Celebrant Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen**

Gloria *All stand* Lift Every Voice & Sing (LEVAS) 243



praise your Ho - ly name. You take a - way the sin of the world: have
mer - cy on us; you are seat - ed at the right hand of the
Fa - ther: re - ceive our prayer. For you a - lone are the
Ho - ly One, You a - lone are the Lord, You a - lone are the
Most High, Je - sus Christ, with the Ho - ly Spir - it, In the
glo - ry of the Fa - ther. Glo - ry, Glo - ry, hal - le - lu - jah, Lord we
praise your Ho - ly name, Glo - ry, Glo - ry, hal - le - lu - jah, Lord we
Praise your Ho - ly name. A - - - - - men.

Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you

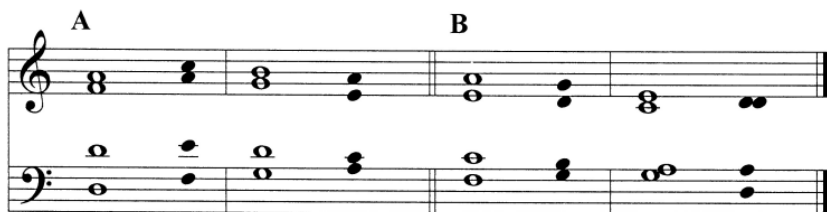
never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

First Reading *The people sit.* **Proverbs 22:1-2, 8-9, 22-23**

A good name is to be chosen rather than great riches,
and favour is better than silver or gold.
The rich and the poor have this in common:
the LORD is the maker of them all.
Whoever sows injustice will reap calamity,
and the rod of anger will fail.
Those who are generous are blessed,
for they share their bread with the poor.
Do not rob the poor because they are poor,
or crush the afflicted at the gate;
for the LORD pleads their cause
and despoils of life those who despoil them.

Reader The Word of the Lord
People **Thanks be to God**

Psalm 125



A ¹ Those who trust in the LORD are like Mount **Zion**, *
which cannot be moved, but stands fast for **ever**.

B ² The hills stand about **Jerusalem**; *
so does the LORD stand round about his people,
from this time forth for **evermore**.



A ³ The scepter of the wicked shall not hold sway over the
land allotted to the **just**, *
so that the just shall not put their hands to **evil**.

B ⁴ Show your goodness, O LORD, to those who are **good** *
and to those who are true of **heart**.

B ⁵ As for those who turn aside to crooked ways,
the LORD will lead them away with the **evildoers**; *
but peace be upon **Israel**.

The Epistle

James 2:1-10, [11-13], 14-17

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.[For the


one who said, "You shall not commit adultery," also said, "You shall not murder." Now if you do not commit adultery but if you murder, you have become a transgressor of the law. So speak and so act as those who are to be judged by the law of liberty. For judgment will be without mercy to anyone who has shown no mercy; mercy triumphs over judgment.]

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.


Reader The Word of the Lord.

People **Thanks be to God.**

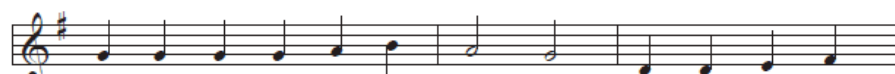
Sequence Hymn *All stand.* "Word of God Come Down"
Verses 1 - 3 before; Verses 3 & 4 after the Gospel




1. Word of God, come down on earth, Liv - ing rain from heav'n de -
2. Word e - ter - nal, throned on high, Word that brought to life cre -
3. Word that caused blind eyes to see, Speak and heal our mor - tal
4. Word that speaks God's ten - der love, One with God be - yond all



scend - ing: Touch our hearts and bring to birth
a - tion, Word that came from heav'n to die,
blind - ness; Deaf we are: our heal - er be;
tell - ing, Word that sends us from a - bove,



Faith and hope and love un - end - ing. Word al - might - y,
Cru - ci - fied for our sal - va - tion, Sav - ing Word, the
Loose our tongues to tell your kind - ness. Be our Word in
God the Spir - it, with us dwell - ing, Word of truth, to



we re - vere you; Word made flesh, we long to hear you.
world re - stor - ing, Speak to us, your love out - pour - ing.
pit - y spok - en, Heal the world, by our sin bro - ken.
all truth lead us, Word of life, with one Bread feed us.

Deacon The Holy Gospel of our Lord Jesus Christ
according to Mark.

People **Glory to you, Lord Christ.**

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophoenician origin. She begged him to cast the demon out of her daughter. He said to her, "Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs." But she answered him, "Sir, even the dogs under the table eat the children's crumbs." Then he said to her, "For saying that, you may go—the demon has left your daughter." So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, "Ephphatha," that is, "Be opened." And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, "He has done everything well; he even makes the deaf to hear and the mute to speak."

Deacon The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

Rev. Laura Blazek

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

**For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the
dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and
glorified.**

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

**We acknowledge one baptism for the forgiveness of
sins.**

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

In the Diocesan Cycle of Prayer we remember and pray for Holland Hall School in Tulsa, Casady School in Oklahoma City and Oak Hall School in Ardmore.

In the Anglican Cycle of Prayer we pray for the Church of the Province of Myanmar in Burma.

Let us pray for our own needs and those of others.

Silence The People may add their own thanksgivings

Celebrant offers a concluding collect.

Confession of Sin *All stand or kneel*

Deacon Let us confess our sins against God and our neighbor.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace *All stand*

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Holy Communion

Offertory

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar.

Celebrant Offer to God a sacrifice of thanksgiving, and make good your vows to the Most High.

Congregational Offertory

"Give Praise And Glory Unto God"

Hymnal 375

Unison or harmony

1 Give praise and glo - ry un - to God, the Fa - ther of all bless - ing;
 2 The host of hea - ven praiseth thee, O Lord of all do - min - ions;
 3 What God hath wrought to show his power he ev - er - more sus - tain - eth;

his might - y won - ders tell a - broad, his gra - cious - ness con -
 and mor - tals then, on land and sea, be - neath thy sha - dowing
 he watch - es o'er us ev - ery hour, his mer - cy nev - er

fess - ing. With balm my in - most heart he fills, his
 pin - ions, ex - ult in thy cre - a - tive might that
 wan - eth. Through all his king - dom's wide do - main, his

com - fort all my an - guish stills. To God be praise and glo - ry.
 do - eth all things well and right. To God be praise and glo - ry.
 right - eous - ness and jus - tice reign. To God be praise and glo - ry.

Presentation of the Offerings *Please stand and sing*

TEXT: THOMAS KEN (1637-1711)

MUSIC: JON OLIN ROBERTS (B. 1961)

Praise God, from whom all blessings flow; praise Him, all creatures
here below; praise Him above ye heav'nly host: praise
Father, Son and Holy Ghost. Amen.

Celebrant All things come of Thee, O Lord
People **And of thine own have we given Thee.**

The Great Thanksgiving: Eucharistic Prayer C

The people remain standing

Celebrant The Lord be with you.
People **And also with you.**

Celebrant Lift up your hearts.
People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.
People **It is right to give him thanks and praise.**

Celebrant God of all power, Ruler of the Universe, you are worthy of glory and praise.
People **Glory to you forever and ever.**

Celebrant At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
People **By your will they were created and have their being.**

Celebrant From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust;

and we turned against one another.

People **Have mercy, Lord, for we are sinners in your sight.**

Celebrant Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People **By his blood, he reconciled us.
By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus *The people kneel or stand.*

Lift Every Voice & Sing (LEVAS) 252

Ho - ly, ho - ly, ho - ly, ho - ly, Lord, God of power and might, hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est. Bles - sed is he who comes in the name of the Lord. Ho - san - na in the high - est.

Celebrant And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

People Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
**We celebrate his death and resurrection,
as we await the day of his coming.**

Celebrant Lord God of our Fathers and Mothers: God of Abraham and Sarah, Isaac and Rebekah, Jacob, Leah and Rachel; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People **Risen Lord, be known to us in the breaking of the Bread.**

Celebrant Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

Celebrant And now, as our Savior Christ has taught us, we are bold to say,

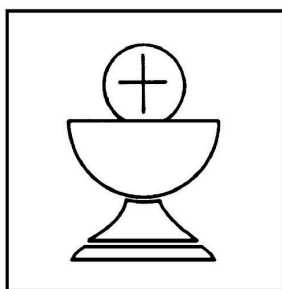
All **Our Father, who art in heaven,
 hallowed be thy Name,
 thy kingdom come,
 thy will be done,
 on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
 as we forgive those who trespass against us.
And lead us not into temptation,
 but deliver us from evil.
For thine is the kingdom,
 and the power, and the glory,
 for ever and ever. Amen.**

The Breaking of the Bread

Celebrant Alleluia. Christ our Passover is sacrificed for us;
People **Therefore let us keep the feast. Alleluia.**

Celebrant The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

All baptized Christians are welcome to receive Holy Communion. Please come forward at the direction of the ushers and stand or kneel at the rail to receive by extending your cupped hands. If you prefer not to receive communion, you may cross your hands over your chest for a blessing. If you wish to have the host intincted, simply lift the host up to the chalice bearer in your open hands, let them take it from you, intinct it, and return it to you or place it on your tongue. Gluten-free wafers are available.



Communion Hymns

"When Christ Was Lifted From The Earth"

Hymnal 603

1 When Christ was lift - ed from the earth, his
 2 Still east and west his love ex - tends and
 3 Where gen - er - a - tion, class, or race di -
 4 Thus free - ly loved, though ful - ly known, may

arms stretched out a - bove through ev - ery cul - ture,
 al - ways, near or far, he calls and claims us
 vide us to our shame, he sees not la - bels
 I in Christ be free to wel - come and ac -

ev - ery birth, to draw an an - swering love,
 as his friends and loves us as we are,
 but a face, a per - son, and a name.
 cept his own as Christ ac - cept - ed me.

"Let us Be Bread"

Refrain

Descant:

One faith, one hope, one

Melody:

Let us be bread, blessed by the Lord,

sym - bol of love giv - en to us in this

bro - ken and shared, life for the world.

one bread, one cup. O let us be

Let us be wine, love free - ly poured. Let us be

one in the Lord. *Last time*

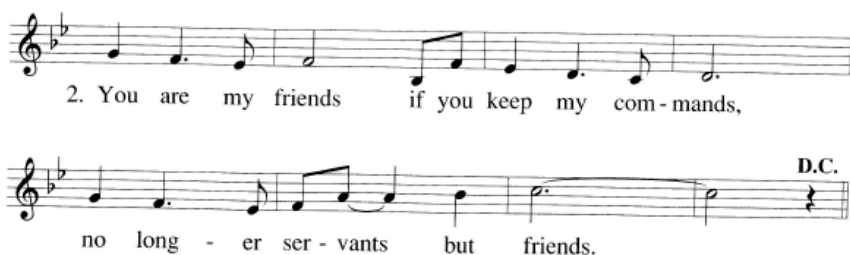
one in the Lord.

Verse 1

1. I am the bread of life, bro - ken for all.

Eat now and hun - ger no more. **D.C.**

Verse 2



Verse 3



Verse 4



Celebrant Let us pray. *All stand*

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

Blessing

Hymn in Procession

"From Thee All Skill And Science Flow"

Hymnal 566

1 From thee all skill and sci-ence flow, all pi - ty, care, and love,
 2 And has-ten, Lord, that per-fect day when pain and death shall cease,

all calm and cour-age, faith and hope: O pour them from a - bove!
 and thy just rule shall fill the earth with health and light and peace;

Im - part them, Lord, to each and all, as each and all shall need,
 when ev - er - blue the sky shall gleam, and ev - er-green the sod,

to rise, like in - cense, each to thee, in no - ble thought and deed.
 and our rude work de - face no more the hand - i - work of God.

Dismissal

Deacon Go in peace to love and serve the Lord. Alleluia, alleluia.

People **Thanks be to God. Alleluia, alleluia.**

Postlude



Please keep these people in your prayers this week

Please submit the names of those you wish to be added to the published Prayer List and notify Nancy when prayers have been answered. Contact David Sims to place a request on St Michael's unpublished confidential Prayer Chain.

For those with health concerns: Kim Kline, Brother James Phillips, Charles Kietzman, LaVetta Dent, Mike Scott, Antone Godding, Anne Burris Grieves, Woody Campbell, Sue Harrington, David Zittel, Susan Bennett, McKenzie Million, Keith & Jeanne Giles, David & Susan Nagel, Basha Hartley, Peter Rodrigues, Patti Wright, Syra Vaz, Father Everett Lees.

For those experiencing long-term illness: Robert Harrington, Cory Chesnut, Amy Schones, Will Blair, Cindy Croom, Charles Woltz, Joe Crowe.

Birthdays: 9/8 Pam Wallace

For the Departed: 9/12/2022 Lawrence Larsen, 9/13/2010 Miriam Ray, 9/14/2001 Donald Mason Sr., 9/14/2023 Daisy H. Martin

Cover Art: “*Even the Dogs*” by The Rev. Cara B. Hochhalter

This week at St. Michael's

Monday, September 9	Crafts 6:30 p.m.
Wednesday, September 11	Lectio Divina 6:30 p.m.
Friday, September 13	Yoga Class 9:00 a.m. Wild Men's Night out 7:00 p.m.
Sunday, September 15	Brandt & Susie Cassidy Celebration



**St. Michael's Episcopal Church
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Church Office hours

Monday–Wednesday 9:00 a.m. – 2:00 p.m.
Thursday 9:00 a.m.. – 1:00 p.m.
stmecnormanok@gmail.org

The Rev'd Ann Williams Murray,
Associate Priest
The Rev'd Laura S. Blazek, Deacon

David Zittel, Senior Warden
Tina Mahle, Junior Warden

Jon O. Roberts, Parish Musician
Nancy Littlejohn, Parish Administrator
Debi Kelley, Financial Secretary